'Ulī 'ulī (Hawaiian Feathered Gourd Rattles)

'Ulī'ulī are Hawaiian feathered gourd rattles that are used as instruments in the traditional Hawaiian dance, hula. This instrument is used in both 'auana (modern) and kahiko (ancient) hula dances. The 'ulī'ulī is the most sacred instrument as it is the only one used to awaken Pele, the goddess of volcano and fire.



Materials needed:

- 1) Feathers
- 2) Plastic container
- 3) Cardboard circle
- 4) Glue

Directions: 1. Take a walk outdoors with your keiki and find something to use for the rattle part of your 'ulī 'ulī (i.e. beans, seeds, pebbles, rocks, etc).

- 2. Gather your items and place them inside of your plastic container.
- 3. Have your keiki glue the feathers on the cardboard circle (large enough to cover the plastic container) and create a pattern/design for the top of their 'ulī 'ulī.
- 4. Glue the top to the base of their plastic container and allow to dry.



- 5. Check out the link to watch our very own former haumāna (student) from Kamehameha Preschool dancing a hula using 'ulī'ulī. https://safeshare.tv/x/ss605b7de7043a9.
- 6. Record or take pictures of your very own keiki dancing with the 'ulī'ulī they made.

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